

Who We Are What We Do Why We Do It



Young Professionals

Founded in 2010, the Arlington Food Assistance Center-Young Professionals (AFAC-YP) committee brings together more than 200 Arlington professionals under 40 to help our neighbors in need, bringing in more than 500 lbs of food and more than \$10,000 each year.

In The Bag

Every third Tuesday of the month, the AFAC-YPs gather for one hour at the AFAC warehouse to sort and bag groceries for Saturday distributions.

Show Us Your Cans

At least once a quarter, AFAC-YPs team up with local supermarkets to organize food drives that benefit the more than 1,400 families AFAC serves each week.

Network and Net Grains

AFAC-YPs host fundraising happy hours throughout the year that not only help build your network, but also build up AFAC's food stores.

Yappy Hour

We even get our furry friends in on the act with our seasonal "Yappy" Hours. Five cans gives your collared companion the chance to mix and mingle with other mutts at the Arlington dog parks and on a mile long walk that ends with treats for all at a local watering hole.

Hunger Is No Joke

Our hallmark April Fools Day fundraiser, "Hunger is No Joke," brings together more than 150 YPs with the region's biggest sports stars to bring a little joy into the lives of AFAC's families. The 2010 event raised more than \$8,000, enough to purchase approximately 8,000 cans, or one full bag of groceries for each family AFAC serves for one week.